



KENT
TENNIS



EVENTS CALENDAR

CELEBRATING INCLUSIVE MOMENTS
APRIL - JUNE 2025

EVENTS SCHEDULE



Autism Awareness Month

World Autism Day is 2 April 2025

Read the LTA Autism factsheet to gain a greater understanding on how to engage with autistic people. <https://bit.ly/4b00cfc>

Decorate the club with blue, the colour associated with World Autism Day and display informational posters or banners about autism awareness.

Host a dedicated tennis session designed for people with autism.



World Parkinson's Day

11 April 2025

Offer adaptive tennis sessions, such as Walking Tennis, specifically or inclusively for individuals with Parkinson's.

Collaborate with local Parkinson's support groups to provide resources and information.

Share stories of players with Parkinson's to raise awareness and show support.



DEAF AWARENESS WEEK

5 - 11 May 2025

Deaf Awareness Week (5 – 11 May) is a week focused on raising awareness of the experiences and challenges faced by deaf and hard of hearing people.

Translate key messages into BSL with sign language and use them on your website and social channels.

Organise a deaf tennis event with sign language interpreters available.

Enable members/coaches to learn deaf awareness and some basic sign language to support deaf and hard of hearing participants such as completing the LTA Introduction to Deaf tennis. Find the LTA course here: <https://www.lta.org.uk/roles-and-venues/coaches/development/courses/Class/?classId=a1C8d000002SdYREA0>

LTA guidelines here: <https://www.lta.org.uk/news/how-to-use-tennis-sign-language/>

Translate key messages into BSL with Sign language and use them on your website and social channels.

Mental Health Awareness Week

12 - 18 May 2025

Mental Health Awareness Week is dedicated to raising awareness of mental health issues and promoting mental well-being in the UK.

Organise a “Tennis for Mental Health day with mindfulness sessions and stress-relief activities.

Partner with mental health organisations, such as Sport in MIND, to provide resources and support.

Encourage open conversations about mental health within your tennis community.

Offer mental health first aid training for staff or volunteers.





NATIONAL VOLUNTEERS' WEEK

2 - 8 June 2025

National Volunteers Week is to recognise and celebrate the contributions of volunteers across various sectors.

Get members of your venue to call a volunteer to show their appreciation for contributing.

Share volunteer stories on social media to inspire others.

Consider offering a volunteer appreciation day at your venue with free court access or a social gathering.



LEARNING DISABILITY WEEK

16 - 22 JUNE 2025

Talk about and celebrate the amazing things that people with a learning disability are doing in your community.

Spread awareness of Learning Disability Week on social media by downloading and sharing MENCAP's resources.

Educate staff and volunteers on how to effectively communicate and support people with a learning disability. Coaches can access the LTA's Introduction to Learning Disability course. Find the LTA course here <https://www.lta.org.uk/roles-and-venues/coaches/development/courses/Class/?classId=a1C8d000002S6PIEAK>



PRIDE MONTH

Highlight the contributions of LGBTQ+ individuals in tennis through social media and events, and tag Pride in Tennis.

Host a Pride Night and obtain resources and support from Pride in Tennis.

Offer Pride in Tennis Rally Allies training on LGBTQ+ inclusion for staff and volunteers.

Partner with local LGBTQ+ organisations to promote your Pride Night.

Join in with our LTA Friday Pride Days and splash your venue with some rainbow colour.