



**KENT**  
TENNIS



## EVENTS CALENDAR

**CELEBRATING INCLUSIVE MOMENTS  
APRIL - JUNE 2026**



2 Apr  
World Autism  
Awareness Day

## World Autism Day

2 April 2026

World Autism Awareness Day is an internationally recognised day aimed at raising understanding and awareness of people with Autism. Support this day by reading the LTA Autism factsheet to better engage with autistic participants, decorate your venue in blue with informative posters, and host a dedicated tennis or padel session tailored for people with autism.

<https://www.lta.org.uk/4a7ee6/siteassets/roles/venues/file/lta-autism-and-tennis-factsheet.pdf>



## World Parkinson's Day

11 April 2026

World Parkinson's Day raises awareness of Parkinson's disease and supports those living with it. Does your venue offer adaptive tennis sessions like Walking Tennis or padel? Why not collaborate with local Parkinson's support groups to share resources, and highlight stories of players with Parkinson's to inspire and inform our community.



## **Deaf Awareness Week**

4 - 11 May 2026

Deaf Awareness Week highlights the experiences of deaf and hard of hearing people and promotes inclusion in tennis. Get involved by hosting a deaf-friendly tennis or padel session with sign language support, encourage people to complete LTA deaf awareness training, and making your communications more accessible by using BSL tools such as Signapse across your website and social media.



## **Mental Health Awareness Week**

11 - 17 May 2026

Mental Health Awareness Week promotes understanding of mental health and wellbeing within the tennis and padel communities. Get involved by hosting a “Tennis/Padel for Mental Health” day with mindfulness and stress-relief activities, partnering with organisations like Sport in Mind, encouraging open conversations and mental health training with resources from the LTA.



## National Volunteers' Week

1 - 7 June 2026

National Volunteers Week is a time to recognise and celebrate the amazing contributions of volunteers across all areas of our community. It's an opportunity to say thank you to those who give their time, energy, and skills to make our venues and events successful. During this week, we encourage sharing volunteer stories, personally thanking volunteers, and hosting special activities to show our appreciation for their dedication.

## Loneliness Awareness Week

15 - 21 June 2026

National Loneliness Awareness Week highlights the impact of loneliness on mental health and encourages connection within our community. Why not host a social tennis or padel event, invite someone new, partner with local organisations like Age UK, or offer a "buddy system" for those attending alone. Help people feel included and supported.

## Carers Awareness Week

8 - 14 June 2026

Carers Awareness Week celebrates and recognises the vital contribution of unpaid carers while raising awareness of the challenges they face. At your venue, you can honour carers by hosting a special day with free tennis or padel sessions, coaching, or facility access with refreshments. Maybe create a space—onsite or online—for carers to share their stories and experiences, through a display board, photos, or a video compilation, highlighting the joy tennis and padel bring beyond their caring responsibilities.

# **SOCIAL MOBILITY DAY**

## **Social Mobility Day**

11 June 2026

Social Mobility Day focuses on raising awareness of social mobility in the UK and encouraging actions that support people facing socio-economic challenges. Why not offer discounted or free tennis or padel lessons to underserved communities, highlight success stories of players from diverse backgrounds, and partner with schools or community centres—through initiatives like LTA SERVES—to make tennis accessible to all.



## **Learning Disability Awareness Week**

15 - 21 June 2026

Learning Disability Awareness Week highlights the importance of inclusion and celebrating players with learning disabilities across the sport. Take time to recognise their achievements in your club or community, share resources from Mencap to raise awareness, and support coaches and volunteers with training to create a more inclusive tennis environment.



## **Pride Month**

Month of June 2026

Pride Month celebrates the LGBTQ+ community, their rights, and their contributions to tennis and society. Get involved by highlighting LGBTQ+ players and stories, hosting a Pride-themed event and encourage staff and volunteers to take inclusion training—while joining Lawn Tennis Association Pride initiatives to bring visibility and colour to your venue.